

Help provide water and sanitation to communities in Ghana



The Foundation for Community Inspiration charity was established by Leicester-based Private General Practice Services and was created to support developing communities globally by improving both their standard of living and, by working with them on practical ways to reduce poverty.

The Foundation has forged close links with Blue Skies - an international producer of fresh fruit for the European market which has a comprehensive out grower scheme in Ghana and employs over 1,500 people at factories in Ghana, Egypt, South Africa and Brazil. The Foundation will expand on Blue Skies' community development initiatives and provide aid to those communities most in need of support.

Practical steps taken to date include: the provision of medical equipment for a new clinic at Blue Skies premises in Nsawam, Ghana which has been designed with input from the Practice's medical team. The Foundation has also helped assess the needs of local villages and is now seeking to raise £25,000 towards the building of water and sanitation systems in five villages.



*The Foundation for
Community Inspiration*



Ghana Central Region Project

The Ghana Central Region Project aims to help develop several, small villages which are located in the Central Region of Ghana in the South of the country, just North West of the capital Accra. The villagers grow and supply produce for Blue Skies to process, package and export to Europe. The project in development will include building bore holes, drainage (sewerage) systems, and latrines. The Foundation has decided to focus on these because providing water and sanitation is calculated to be amongst the most cost effective interventions. The work will be carried out using local contractors and overseen by Blue Skies when sufficient funds have been raised.

The villages

All of the villages in the Central Region are wholly dependant on the agricultural industry for their livelihoods. Most of them lack basic amenities including access to clean water via bore wells, and sanitation levels are poor, with a severe lack of drainage systems and latrines.

Building bore holes, drainage systems and latrines in the Central Regions means villagers will benefit from better nutrition, see a reduction in illness and mortality rates and enjoy much improved standards of living.



1.6 million deaths a year can be attributed to poor water, sanitation and hygiene*



What it will cost

Providing water and sanitation costs around £10 per person, per year and is calculated to have the largest effect on an individual's general health. Each project will cost around £5,000 and the Foundation is aiming to assist with five in total, representing a total investment of £25,000.

Benefits

Clean water and better sanitation:

- > **Improves nutrition** - stops parasites and common infectious diseases which compete for food. This has a significant effect on reducing illness in general, including the spread of Malaria and HIV. It is estimated that malnutrition causes 64 per cent of illness worldwide and indirectly providing clean water and better sanitation facilities helps improve education, gender equality and the economy*
- > **Reduces mortality rates** – water-related diseases are the most common cause of illness and death in developing countries
- > **Enhances peoples lives** – access to clean water over dirty water is a basic human right
- > **Offers economic benefits** – health-related costs avoided by providing clean water and better sanitation amount to \$7.3 billion per year. The time savings associated with collecting water amount to \$64 billion*
- > **Is both cost effective and sustainable** – water and sanitation top the list of the most cost effective interventions
- > **Is community focussed** - the communities are directly involved in the development process which means that they are likely to keep a stronger, longer term interest

*UN Millennium Project 2005

How you can help



You can make a donation:

The Foundation aims to provide five villages with better facilities at a total investment of £25,000.

Any donation you can make, however large or small will go a long way in helping us achieve this goal.

A regular gift of £10 per month can provide clean water and sanitation for 12 people for a whole year

- > **By cheque**
Please make cheques payable to The Foundation for Community Inspiration and send them c/o Private General Practice Services at the address below
- > **By debit or credit card**
Donations can be made by telephone or by visiting the Practice at the address below
- > **By standing order**
Please complete the standing order bank mandate below to make a regular donation

Standing Order Mandate

Title _____ Initials _____ Surname _____
Address _____

Postcode _____
Daytime phone no _____ Email _____

Instruction to your Bank or Building Society to pay by Standing Order

Please complete the form and return it to: The Foundation for Community Inspiration, Beech House, 3 Knighton Grange Road, Stoneycgate, Leicester LE2 2LF

Name and full postal address of your Bank or Building Society
To The Manager _____ Bank/Building Society
Address _____
_____ Postcode _____

Name(s) of account holders _____

Instruction to your Bank or Building Society.

Dear Sir/Madam, Please pay on the _____ day of _____ and thereafter at monthly, half yearly, yearly intervals, (please delete) the sum of £ _____ (_____ pounds)

To: The Foundation for Community Inspiration Charity Trust
Account No: **00195956** Sort Code: **30-15-97** Lloyds TSB Bank plc, London Road, Leicester
From my / our* account number: _____ Sort code: _____
This standing order supersedes any existing standing order I/We* have in favour of the above account.

Signature(s) _____

*Please delete as appropriate

Registered charity no: **1120977**



Gift Aid

If you are a UK taxpayer, the value of your donation could increase by nearly a third at no extra cost to you.

I would like The Foundation for Community Inspiration to treat all donations I have made from 6th April 2001 and until further notice as Gift Aid donations. My annual Income Tax and/or Capital Gains Tax is more than the tax The Foundation for Community Inspiration will reclaim in the appropriate tax year.

Please tick

OR please tick I am not a taxpayer.



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